

Join Hear Our Roar



Hear **Our** Roar

Perth & Kinross Involvement Network

QR Code for the website
hearourroar.org.uk



Brought to you by



Centre for Inclusive Living
Perth & Kinross

Empowering individuals to live independently



Hear Our Roar is a group for adults with **learning disabilities** in Perth and Kinross. It helps them have a strong voice and be heard. The group is led by its members.



The group started with help from Perth & Kinross Health and Social Care Partnership and the Centre for Inclusive Living.

They work together to support people with learning disabilities.



The group meets to talk about important issues and share ideas.

It is a safe place where everyone can speak up and be listened to.

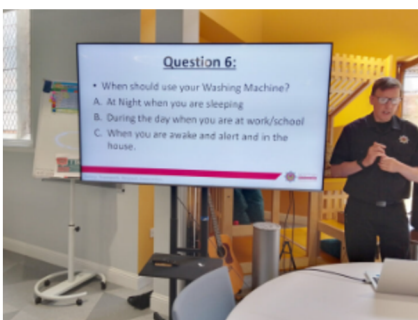


Chairperson Elections were held in February 2025.

Members voted for their leaders. This helps the group be led by people with learning disabilities.



The group has had many meetings and events. They have talked about different topics like safety, independence, and what makes a good leader.



In one of the sessions, the group learned about fire safety from Perth Fire Station. This helps keep everyone safe and informed.



In June 2025, the group celebrated one year of **Hear Our Roar**. It was a special moment for everyone involved.



The group also takes part in events like **Learning Disability Week**. This helps raise awareness and bring people together.



In December 2025, there was a **Learning Disability Christmas Party**. It was a fun event for everyone to enjoy and celebrate together.



The group continues to meet and discuss important topics. They want to make sure people with learning disabilities are heard and respected.



If you want to join or learn more, you can contact CILPK at <https://www.cilpk.org.uk>

They welcome new members and are happy to share information.



The group is part of the Perth and Kinross National Involvement Network. This helps them connect with other groups and share their experiences.



Hear Our Roar is a great way for people with learning disabilities to have a say in their community. It helps them feel included and valued.



The group is excited about the future and what they can achieve together. They are always looking for new ideas and ways to make a difference.



Joining Hear Our Roar is a chance to meet new people and make friends. It is a supportive community where everyone is welcome.

Our Hear Our Roar group is part of the National Involvement Network (NIN)

Their aim is that everyone who has a disability or support needs has their voice heard and is involved in the decisions that affect them.

You can become a member of NIN for free.

As a NIN member you will:

- Get regular information about NIN meetings and issues.
- Hear about ways to get involved and have your voice heard, and influence change.
- Meet other people and share your experiences.
- Be able to vote on choosing the next NIN Chairperson and Co-Chairperson.

Get in touch with us at info@cilpk.org.uk to be directed to NIN membership.



Hear **Our** Roar

Perth & Kinross Involvement Network

Copyright © 2026 Centre for Inclusive Living Perth & Kinross
A registered Scottish Charity No. SC016452 and a Scottish
Company Ltd by Guarantee: SC339913